



IN CASE OF EMERGENCY

SPECIAL FUNCTION

Display the emergency contact information. You can record 3 emergency contacts via the application.



CAUTION

1. Please read the user manual carefully before first use and keep it properly for future references.
2. Only use included cable for charging.
3. Please don't leave the device charging alone.

The Ice-Watch equipment model ICE JUNIOR complies with the requirements of the European Directive RED 2014/53/EU. The full document is available at www.ice-watch.com

SAR/DAS:

Head SAR : 0.02 W/Kg / Wrist SAR : 0.04 W/kg



1. NOTES

- The company reserves the right to modify the contents of this manual without any further notification. It is normal that some functions may vary in certain versions of software.
- Please charge this product with the cable that was supplied with it for at least 3 hours before you use it.
- The watch can be used alone without connecting with the App (with less functions). Connect the watch with the App for full functions.
- This product has an IP68 waterproof rating, but it is not suitable for deep sea diving. Hot water, tea and corrosive liquids could destroy the watch, so damage by these liquids will not be covered by the product warranty and free maintenance services.



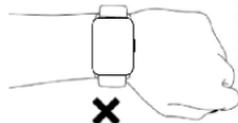
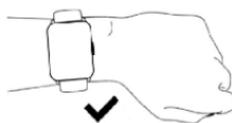
Use your watch in accordance with the 3 ATM and IP68 standards.

HOW TO WEAR YOUR WATCH

Please wear the device on your wrist correctly, about one finger width from the carpal bone and adjust it to comfortable position. Below picture for reference.



Please wear the device a little tighter when you are using the heart rate monitor.



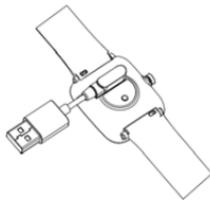
CAUTION**Waterproof and dustproof :**

The watch supports waterproof and dustproof. Please follow below guidelines to maintain the waterproof and dustproof functions. Otherwise your device might be damaged.

1. Do not use the watch under high water pressure.
2. Do not use the watch when diving, snorkeling, or other sports with high water impact.
3. Operate the watch with dry hands.
4. If the watch is exposed to water, please dry it completely with soft cloth. If it is exposed to other liquids (such as salt water, pool water, soapy water, oil, perfume, sunscreen, hand sanitizer) or chemicals (such as cosmetics), please wash it with clear water and dry it completely with soft cloth.
5. Do not soak the watch in hot water, hot tea or any corrosive liquids.
6. If the watch is dropped or crashed, the waterproof and dustproof functions may be affected.
7. Do not disassemble the watch on our own. The waterproof and dustproof functions may be damaged.
8. Do not use hair dryers and other heated equipments to dry the watch.
9. Do not use the watch in sauna room.

2. GETTING STARTED**a. Charge your watch :**

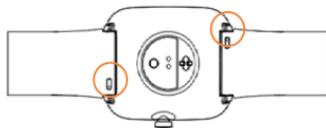
1. Connect and charge the watch according to the picture below. Make sure that the metal pins are completely connected.
2. Please charge the watch only with the provided cable for at least 3 hours before using it.
3. Do not use a charger exceeding 5V 2A for charging.
4. Please don't leave the device charging alone.



If the smartwatch cannot be turned on after being left unused for a long time, please clean the metal charging pins with dry cloth to make sure that they can connect properly.

b. Replace the strap :

Remove the strap from the watch by sliding the quick release on the strap.



3. HOW TO DOWNLOAD & CONNECT TO APP

a. Methods to download & install the APP :

Scan "ICE" QR code to download and install "ICE JUNIOR" APP.



OR Search "ICE JUNIOR" in App Store or Play Store to download and install the "ICE JUNIOR" App.

b. How to connect to the App :

Open the "ICE JUNIOR" App and press the "connect" icon. Make sure the Bluetooth and Location functions on your phone are turned on. Select the device "ICE JUNIOR-XXX" on the list.



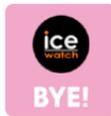
TIPS

1. The first time you connect with an iPhone, the "Pair" reminder will pop-up. Click to pair to allow notifications.
2. The first time you connect with an Android phone, a "Permissions" reminder will pop-up, please follow the guide and allow the required permissions to ensure all functions can work properly.
3. Don't connect the watch directly under the Bluetooth setting on your phone.

4. OPERATING INSTRUCTIONS



Power on/off : When the watch is Off, press and hold the crown (power button) for 5 seconds to turn it on. The Home Screen of the watch will be displayed.



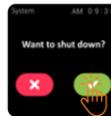
Always press the crown to return to the Home Screen. Press and hold the crown for 5 seconds to power off the watch.



Wake up screen : When the watch screen is Off, you can press the crown to wake up the screen. If the Gesture control button is turned on in the App, you can also wake up the screen by turning the wrist.



Shutdown : Click the Setting icon, click System → Shut down, click ✓ to shut down.

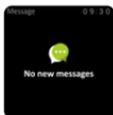


Change Watch Faces : Keep your finger pressed on the Home screen for 3 seconds to enter the watch face selection interface. Then swipe left and right to choose the desired watch face.





Swipe down : Display battery level, Bluetooth connection status, Time, Date and Day, Brightness, Sports, Alarms and Setting function icons.

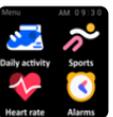


Swipe up : Display Messages, Heart rate monitoring and Daily activity interfaces.



Swipe right : Display the games list → "Number pairs", "3 to win", "Fly a plane" and "Basketball".

Swipe left : Go to Menu and access function icons → Daily activity, Sports, Heart rate, Alarms, Sleep, Message, Timer, ICE (in case of emergency) and Setting. Tap to enter the corresponding function, swipe right to return to the previous page.



5. FUNCTIONS



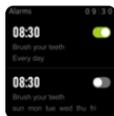
Daily activity : Records the number of steps, distance covered and calories used in a day. The data will be cleared during midnight (0:00) every day.



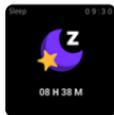
Heart rate : Press the heart rate interface to measure your current heart rate. Once it is completed, the watch will vibrate and show the heart rate result. Turn on all-day heart rate measurement via the App then the heart rate will be monitored once every hour. More detailed information analysis and data records can be viewed in the App. (This information is for your reference only and cannot be used as a basis for medical decisions).



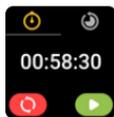
Sports : Support recording sports modes like Walking, Running, Climbing, Riding and Free sports.



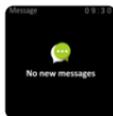
Alarms : You can synchronize the alarm clock settings on the App. In the App alarms setting, you can disable the function of switching ON/OFF the alarm on watch.



Sleep : Your watch can record and display your total amount of sleep and the amount of deep sleep and light sleep that you had during the previous night. More detailed information analysis and data records can be viewed in the App.



Timer : Stopwatch and Timer → Click the green button ▶ to start, blue || to pause and red ○ to reset. Tap and scroll the hour, min and seconds respectively to set the desired time for the timer function.



Message : Synchronize the message notifications from your phone and display your last 5 information notifications on the watch (for this you need to turn on «message notification» in the App). Tap the screen to go to next messages.



Setting :



Language : English, French, German, Dutch, Spanish, Portuguese, Japanese and Italian are available for selection.



Screen display : Change Watch Face, Brightness, Screen time, and Turn wrist wake setting.



Time : Set the time.



Date : Set the date.



Time display : Choose time display (12/24 HR) mode.



Do not disturb : Turn On/Off Do not disturb mode.



Vibration : Set vibration intensity.



System : System version, Shut down and Reset settings.

6. USING THE WATCH ALONE WITHOUT CONNECTING TO THE APP

ICE JUNIOR can be used alone without connecting to the App. However, the functions below cannot be used.

1. Watch Face changes from the App and customization.
2. Alarm Setting.
3. All-Day Heart Rate Monitoring.
4. Message notification.
5. Sleep Reminder

7. WARRANTY

Each watch comes with a **2 YEARS LOCAL WARRANTY** against defects in materials and workmanship. This warranty covers all parts except the battery, the strap and the charging cable.

The following causes of defects are not covered by the free warranty service:

1. Personal assembly or disassembly.
2. Damage caused by the watch being dropped during use.
3. Any man-made damage or damage through the fault of a third party, improper use (such as: water in the smart watch, shattering due to external forces, scratching during use etc.)

Please provide the warranty card with all details filled in when you request aftersales services.

Please contact dealers directly for warranty services.

This limited warranty is void if the defect is discovered to be caused by abuse or tampering with the watch.

**TIPS**

This product contains a lithium battery, please make sure that you take it to a designated battery recycling point for product recycling.